

THE FURNESS FIVE TRIGS WALK
ANYTIME CHALLENGE

START GILLBANKS G.R. 285787
FINISH HOAD MONUMENT G.R. 294791
19 MLS 2000ft
TIME LIMIT 12 HOURS

A WALK IN LOW FURNESS LINKING THE HIGHEST POINTS, HOAD MONUMENT, BANKHOUSE MOOR, HIGHHAUME, YARLSIDE AND BIRKRIGG COMMON. YOU WILL WALK A SHORT SECTION OF THE CUMBRIAN WAY AND THE FURNESS BOUNDARY WALK PLUS A DELIGHTFUL STRETCH OF ULVERSTON CANAL WALKING ON OPEN MOORLAND WITH EXTENSIVE VIEWS OVER THE DUDDON ESTUARY AND THE LAKE LAND HILLS, FARM PASTURES, COUNTRY LANES, BIRKRIGG COMMON WITH IT'S EXCELLENT VIEWS OVER THE WHOLE WALK AND MORECAMBE BAY AND MUCH MORE.

MAPS REQUIRED: BARROW IN FURNESS NORTH 1.25.000 SD 17/27
BROUGHTON IN FURNESS SD 08/18 1.25.000
PLUS KENDAL & MORECAMBE SHEET 97 1.50.000

On completion of the walk send brief details about the walk to:
Mr E Richmond. 31 Dartmouth Street, Barrow in Furness, LA14 3AS
S.A.E. 9"x6"
BADGES 50p CERTIFICATE 20p

The ROUTE WITH GRID REFERENCES

gillbanks	—	G.R. 285787
old hall FARM	—	280795
HIGHER LATH "	—	276803
HARLOCK "	—	253803
BANKHOUSE MOOR	△ —	245804
STEWNOR PARK	—	239786
RD JUNGTION	—	231765
HIGH HAUME	△ —	226761
BILLING COTTAGE	—	227723
YARLSIDE	△ —	231711
BRIDLEPATH/Rd	—	242714
SCUDDA BANK	—	245711
STAINTON/ADGARLEY	—	249724
BOLTON HEADS	—	256731
LITTLE URSWICK	—	263736
BIRKRIGG COMMON	△ —	283742
CATTLE GRID	—	296737
WAD HEAD SCAR	—	308745
SANDSIDE	—	305773
CANAL FOOT	—	314776
CANAL HEAD	—	293785
HOAD MONUMENT	△ —	294791