

THE DUDDON TRIANGLE

WALK

ANYTIME CHALLENGE

START/FINISH - ULPHA BRIDGE 196930
SER

DISTANCE $19\frac{1}{2}$ /5000 ASCENT

TIME LIMIT 9 hrs

A hard MOUNTAIN WALK VISITING ONE or TWO OF THE LESSER KNOWN PEAKS THAT ENCIRCLE THE DUDDON VALLEY. "EXTENSIVE VIEWS OF THE HIGHER LAKE LAND TOPS" PLUS A VARIED RANGE OF BIRD LIFE, "HAS YOU WALK THE OPEN MOORS BETWEEN HARTEF FELL & WHITFELL; IF YOU LIKE WALKING SOLO THEN THIS IS THE ONE FOR YOU.

MAP ~~RE~~QUIRED CONISTON
SOUTH WEST SHEET WASTWATER

BADGES 50^p EACH. CERTIFICATE 20^p

TO MR B. RICHMOND. 31 DARTMOUTH
ST BARROW-IN-FURNESS CUMBRIA LA14 3AS
ON COMPLETION OF WALK BRIEF DETAILS.

ROUTE WITH GRID REFERENCE

START → G.R 196930 ULPHA BRIDGE.
G.R 179927 BIGERT MIRE.
1 - G.R. 159930 WHITFELL. ▲
G.R 185957 WINDSGATE.
2 - G.R 218997 HARTEF FELL ▲
G.R. 227950 SEATHWAITE.
3 - G.R. 230944 CAW ▲
FINISH - G.R 196930 ULPHA BRIDGE.